

Three in Four

1	2	3	1	2	3	1	2	3	1	2	3
1			2			3			4		

Counting series

1	2	3	4	1	2	3	4	5	6	1	2	3	1	2	1	2	1	2	1	1
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Seven

1	2	3	1	2	1	2
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Sevens version 2.0

1	2	3	1	2	1	2	1	2	3	1	2	1	2	1	2	1	2	3	1	2	1	2	1	2	3
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Samba

1	E	+	A	2	E	+	A	3	E	+	A	4	E	+	A
	U		U			D			U		U		D		